

Family Service

Newsletter

● 01 2026



Child Benefit

On 1 January 2026 the child benefit was increased by 4 euros per child to 259 euros per month.

Minimum Maintenance Increases

From 2026, the minimum maintenance allowance for children of all ages will increase slightly. For children up to the age of five, the requirement rate will increase to €486 per month, and for children aged six to eleven to €558. Young people between the ages of twelve and seventeen will receive €653 in future. Due to the simultaneous increase in child benefit, the actual amount payable by those liable for maintenance will only be slightly higher.

No replacement for Bavarian family allowance

The child start-up allowance announced as a replacement for the cancelled Bavarian family and nursery allowance will not be introduced. All funds will be put into daycare centres.

Childcare

From 1 August 2026, a legal right to full-day childcare for primary school children will be introduced in stages, initially for first-year pupils in the 2026/27 school year, and then for all children in grades 1 to 4 by the 2029/30 school year. This extends the legal entitlement to early childhood education in a daycare facility for children from the age of one until the end of primary school.

Key points of the early retirement pension agreed

The key points paper serves as the basis for the draft law on early retirement pensions, which the German government plans to pass in 2026. It provides for children aged six and above to receive a monthly state subsidy of ten euros – the early retirement pension bonus – for a funded pension savings account. The first cohort to benefit from the state subsidy will be children aged six at the start of the programme (year of birth 2020).

State care allowance

The Bavarian state care allowance will be reduced from 1,000 € to 500 € per year.

Minimum wage

The minimum wage has been 13.90 € since 1 January 2026. As part of the increase, the limit for “Minijobs” was also raised from 556 to 603 €.

STWNO Webinar BaföG basics: Everything you need to know!

On 13 January 2026 at 17.00 hrs STWNO will hold a webinar on BaföG basics. You can join directly with this link: <https://us06web.zoom.us/j/84793936436?pwd=TIGDIc4DJPnX8RkSIj4kq9mAqb8sqZ.1>

New point of contact for conflicts with the Youth Welfare Office

The newly established Bavarian State Ombudsman's Office began its work in January 2026. It offers young people and families who have conflicts with the Youth Welfare Office and/or a child and youth welfare service provider independent and professional advice and support.

<https://www.landesombudsstelle.bayern.de/>



Babysitter exchange

Many students who like to look after children and thus want to earn something extra have been admitted to our babysitter exchange. If you need care, we will be happy to provide you with a babysitter.

Kids Box

At both DIT and ECRI, you can borrow a mobile parent-child room in case of care emergencies. The Kids Box is a mobile play box in which toys and painting utensils for babies and children up to primary school age are available. There are also sleeping and changing facilities.



FreiRaum in the green roof pavilion

The FreiRaum at the Deggendorf campus offers a comfortable environment for parents to still be able to work or study if there are childcare bottlenecks. Musicians can practise their instruments during free periods, and university members with disabilities or chronic illnesses can retreat here. There is a desk with a network connection in the room for connecting laptops. The Kidsbox with a large selection of games is available to keep children occupied. There is a comfortable armchair for breastfeeding or resting and babies can be changed in the adjoining sanitary area. You can book the FreiRaum at <https://freiraum.th-deg.de/>.

Forum for exchange and discussion via the iLearn course “Studieren mit Kind”

We would gladly like to highlight the forum for exchange and discussion. In this forum, you can exchange ideas with other student parents, get to know like-minded people or offer items for children that are no longer needed.



Lectures by the Family Service for Caring Relatives

- 20 January 2026 ONLINE Care allowance and services at a glance: Support for relatives in everyday life
- 21 April 2026 Insight into everyday life with Parkinson's, a live simulation of how to cope at home
- 16 June 2026 ONLINE The challenge of wound care: How to provide successful care at home

Registration days for daycare in Deggendorf for 2026/27

The registration days will take place again in February. Registration for a kindergarten place is only possible online through the “Bürgerserviceportal” with your personal BayernID : <https://www.buergerservice-portal.de/bayern/deggendorf>

Maria Ward Kindergarten Pfarrkirchen

The registration evening will take place on Monday 19 January 2026.



Open meet-up at Familienzentrum Deggendorf.

You can find the dates for the open meet-up at <https://www.familienzentrum-deggendorf.de>.

Children's clothing bazaars

There will be again an online bazaar in Deggendorf this year. The kindergarten St. Peter Fischerdorf has its bazaar from 13 February to 1 March 2026. www.kibaza.de/fischerdorf

Further bazaar dates will follow in the iLearn course.

Donum Vitae

The dates of the 2026 lecture series for pregnant women, fathers-to-be, parents and all interested parties can be found via this link: <https://deggendorf.donum-vitae-bayern.de/veranstaltungen/infoveranstaltungen/vortragsreihe-deggendorf>

Kreisjugendring

In 2026 the Kreisjugendring will once again be offering a colourful and packed holiday programme.

Deggendorf: <https://kjr-deggendorf.de/freizeiten/>

Rottal-Inn: <https://kjr-rottal-inn.de/service/jahresprogramm/>

Cham: <https://kjr-cham.de/jahresprogramm.html>

Freii: Escaping the digital pull

The free prevention service 'freii' raises awareness of how to use digital media more consciously. freii is a free service for conscious use of digital media. It supports families in balancing media use and leisure time. www.freii.de

Parents' school at the LVHS Niederalteich

The 2026 programme can be found at <https://www.lvhs-niederalteich.de/bildungsprogramme/elternschule/>

FamShip - für einen entspannten (Familien-) Alltag

Training for parents and carers

The online course enters a new round

<https://keb-bistum-passau.de/event/famship-grundkurs/>

Amt für Ernährung, Landwirtschaft und Forsten Deggendorf-Straubing

They offer programmes for parents with children up to the age of six with the "Netzwerk Junge Eltern und Familien". You can find the dates for 2026 at <https://www.aelf-ds.bayern.de/ernaehrung/familie/index.php>

Treffpunkt - AusZeit für pflegende Angehörige der Katholische Erwachsenenbildung Rottal-INN-Salzach e. V.:

This open discussion group provides an opportunity to exchange with other people who care for their relatives. The next meeting is scheduled for 19 January 2026 at 3 p.m. The topic is 'Between ideal and reality - how can we set goals that strengthen us rather than burden us?' Location: Caritas-Alten und Pflegeheim St. Vinzenz von Paul, Pfarrkirchen

<https://keb-ris.de/>

The lectures are all offered in German.

With best wishes for the new year

Your family service

